

Please definitely submit this document before you enter a mountain.

Backcountry		skiing / snowboarding		Registration form		Kita-Alps Northern Mountain Rescue team Nagano Prefecture Omachi Police Department			
Period	From (month)		(day) to (month)		(day)				
Schedule	Starting area		Route, Camp sites		Arrival area				
Any other specialty									
	Name	Age	Sex	Nationality	Address/place of stay	Emergency contact Name/Phone No.	Mobile No.	Insurance Company/No.	
Leader									
Companions									
Equipment		Check the box next to the equipment which you have.							
Ski	Snowboard	Snowseal	Snowshoe	Avalanche beacon	GPS	Probe	scoop	Climbing rope	Iceaxe
Stock	Crampons	Mountain map	Radio	Tent	Emergency tent	Stove & Fuel	Emergency food	Headlamp	
Backup battery									

NOTICE

You must pay for the use of rescue service

Describe route on the other side of this paper.

