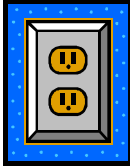

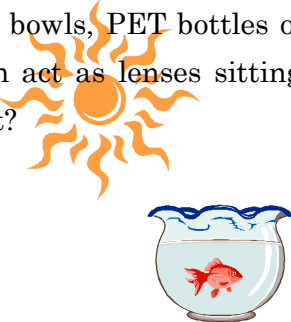

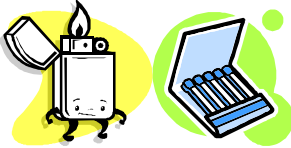





## Protect Yourself YOURSELF ! Part 3 『Survival in a Fire』

These Places are Dangerous!! <Be Careful of/in These Places in your Home!>

<p>① Powerpoints . . . Is there dust or rubbish in the powerpoint ? Is it old and overheating?</p> 	<p>② Cigarettes . . . Have you forgotten to put out your cigarette ? Is your ashtray full of cigarette butts?</p> 
<p>③ Goldfish Bowls etc. . . . Do you have goldfish bowls, PET bottles or other things that can act as lenses sitting under direct sunlight?</p> 	<p>④ Stoves . . . Don't take your eyes off the pan when you are cooking fried foods. When you move away from the stove, be sure to turn it off. Be careful your clothes do not catch alight.</p> 
<p>⑤ Lighters, Matches . . . and other things which produce a flame should be kept out of reach of children.</p> 	<p>⑥ Heaters . . . Never move a heater while on. Keep flammable objects away from heaters. Do not place spray cans beside heaters.</p> 
<p>⑦ The Bath . . . Don't let baths boil for a long time.</p> 	<p>⑧ Candles . . . Don't keep candles burning for a long time.</p> 

If a Fire Starts in your Home <No-matter What, Let Others Know About the Fire!>

Yell "FIRE (kaji da)!" in a loud voice. No-matter what, let others around you know!

If you can't yell, bang repeatedly on something metal.

If you have a fire alarm or disaster bell, use it!

When you have to Evacuate <Fire is scary, but so is SMOKE!>

There is a poisonous gas in smoke, so if you breathe in a lot, you can lose consciousness.

When you are running away in smoke, get down as low as possible and cover your mouth with a wet towel or handkerchief, trying not to swallow smoke. Run away as fast as possible. Don't worry about what you are wearing, or your possessions.