

“In preparation for earthquakes”

1 Furniture could be a weapon.

- To secure the safety in the house, keeping objects sturdy is important by avoiding furniture from toppling over or items falling off somewhere.
- Glasses should be stored in a bag and hang on the wall so they will not be destroyed under the toppled furniture.
- Put your shoes beside your pillow when you go to bed, as you cannot always escape through the entrance. The shoes will protect your feet from possible injuries due to glass fragments, and so on.



2 Minimize the items to take with you

- Upon escape, you should minimize the number of items you take with you in an emergency. Escaping from danger should be prioritized. Except for the items to take with you in emergency, you can go back home later to get things you need after the safety of the area is confirmed.
- Keys should be triplicated so that you can keep them at different locations such as in a kitchen or an upstairs room.



3 Items that support your post-earthquake daily life

- You should prepare items (such as biscuits, some clothing, and toiletries) to support your life in post-earthquake till you receive emergency relief. These items should be set aside from the items that you will carry with you in emergency, but should be stored at several locations such as a place that doesn't have direct sun, the entrance hall, or a car trunk.
- Please check from time to time the expiration date of the items

