

## Points for First Aid (For the injured)

### 1 Severe bleeding:

- In principle, press the injured part with a clean cloth with a strong pressure.
- When bleeding doesn't stop only by the pressure with a hand, place the pressure on the injured part with both hands, and even with your whole weight.
- To prevent possible infection of any disease, be careful not to touch the blood.

### 2 Burnt:

- Cool the burnt person over the clothing with clean water such as tap water.
- However, be careful not to cool babies and infants too much.
- Protect the burnt area with cloth so as to keep the area clean.

### 3 Broken bones:

- When injured part is distorted, or the area is swollen with a strong pain, the bone is possibly broken.
- Fix the injured area to a piece of board.
- Make the fractured part sturdy with an immediate material available to support the bone.

