

30 長野県における生命表（平均余命）

（単位：年）

| 区分 | 50年 | 55年 | 60年 | 2年 | 7年 | 12年 | 13年 | 14年 | 15年 | 16年 | 17年 | 18年 | 19年 | 20年 | 21年 | 22年 | 23年 | 24年 |
|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|
| 男 0歳 | 72.70 | 74.44 | 76.02 | 77.37 | 78.30 | 78.85 | 79.67 | 79.69 | 79.92 | 79.89 | 79.69 | 80.49 | 80.71 | 80.37 | 80.79 | 80.99 | 81.01 | 81.13 |
| 5～9 | 68.55 | 70.32 | 71.67 | 72.97 | 73.64 | 74.13 | 74.86 | 74.88 | 75.16 | 75.20 | 74.90 | 75.72 | 75.85 | 75.56 | 76.05 | 76.18 | 76.16 | 76.24 |
| 10～14 | 63.69 | 65.41 | 66.75 | 68.03 | 68.68 | 69.19 | 69.88 | 69.92 | 70.22 | 70.27 | 69.92 | 70.72 | 70.88 | 70.59 | 71.07 | 71.23 | 71.20 | 71.27 |
| 15～19 | 58.75 | 60.48 | 61.81 | 63.08 | 63.73 | 64.24 | 64.92 | 64.96 | 65.26 | 65.31 | 64.97 | 65.76 | 65.92 | 65.62 | 66.10 | 66.24 | 66.25 | 66.30 |
| 20～24 | 53.93 | 55.66 | 57.00 | 58.24 | 58.87 | 59.42 | 60.07 | 60.06 | 60.38 | 60.42 | 60.11 | 60.87 | 60.98 | 60.73 | 61.20 | 61.36 | 61.36 | 61.39 |
| 25～29 | 49.26 | 50.90 | 52.23 | 53.53 | 54.06 | 54.64 | 55.33 | 55.33 | 55.61 | 55.58 | 55.40 | 56.06 | 56.15 | 55.95 | 56.48 | 56.54 | 56.65 | 56.66 |
| 30～34 | 44.48 | 46.14 | 47.42 | 48.69 | 49.26 | 49.85 | 50.53 | 50.51 | 50.76 | 50.73 | 50.61 | 51.25 | 51.28 | 51.12 | 51.65 | 51.76 | 51.87 | 51.80 |
| 35～39 | 39.77 | 41.36 | 42.62 | 43.83 | 44.47 | 45.03 | 45.71 | 45.68 | 45.93 | 45.93 | 45.80 | 46.38 | 46.43 | 46.33 | 46.84 | 46.96 | 47.07 | 46.95 |
| 40～44 | 35.09 | 36.63 | 37.90 | 39.03 | 39.67 | 40.24 | 40.94 | 40.87 | 41.12 | 41.16 | 41.09 | 41.65 | 41.60 | 41.57 | 42.04 | 42.19 | 42.29 | 42.18 |
| 45～49 | 30.51 | 31.96 | 33.25 | 34.29 | 34.91 | 35.55 | 36.27 | 36.15 | 36.46 | 36.45 | 36.44 | 36.90 | 36.88 | 36.87 | 37.36 | 37.48 | 37.58 | 37.40 |
| 50～54 | 26.00 | 27.47 | 28.68 | 29.73 | 30.31 | 30.98 | 31.65 | 31.58 | 31.87 | 31.84 | 31.81 | 32.29 | 32.24 | 32.26 | 32.75 | 32.82 | 32.91 | 32.79 |
| 55～59 | 21.71 | 23.07 | 24.37 | 25.36 | 25.86 | 26.59 | 27.19 | 27.16 | 27.45 | 27.48 | 27.34 | 27.85 | 27.72 | 27.77 | 28.22 | 28.28 | 28.37 | 28.27 |
| 60～64 | 17.70 | 18.87 | 20.18 | 21.11 | 21.62 | 22.43 | 22.93 | 22.89 | 23.19 | 23.22 | 23.03 | 23.57 | 23.43 | 23.44 | 23.93 | 23.92 | 24.00 | 23.93 |
| 65～69 | 13.92 | 14.91 | 16.16 | 17.16 | 17.58 | 18.40 | 18.83 | 18.77 | 19.10 | 19.17 | 19.00 | 19.52 | 19.35 | 19.39 | 19.81 | 19.78 | 19.81 | 19.75 |
| 70～74 | 10.62 | 11.51 | 12.55 | 13.37 | 13.87 | 14.60 | 14.99 | 15.00 | 15.24 | 15.26 | 15.06 | 15.60 | 15.46 | 15.55 | 15.86 | 15.79 | 15.86 | 15.81 |
| 75～79 | 7.82 | 8.47 | 9.34 | 10.03 | 10.45 | 11.19 | 11.61 | 11.52 | 11.77 | 11.78 | 11.61 | 11.99 | 11.89 | 11.93 | 12.19 | 12.11 | 12.19 | 12.09 |
| 80～84 | 5.64 | 6.31 | 6.88 | 7.34 | 7.65 | 8.20 | 8.66 | 8.54 | 8.71 | 8.83 | 8.50 | 8.92 | 8.79 | 8.85 | 9.08 | 8.93 | 9.01 | 8.90 |
| 85～90 | 4.32 | 4.66 | 5.15 | 5.35 | 5.48 | 6.00 | 6.31 | 6.17 | 6.16 | 6.23 | 6.10 | 6.40 | 6.31 | 6.34 | 6.57 | 6.37 | 6.37 | 6.34 |
| 90～ | | | | | 3.84 | 4.25 | 4.66 | 4.69 | 4.49 | 4.63 | 4.28 | 4.47 | 4.45 | 4.49 | 4.70 | 4.55 | 4.54 | 4.41 |
| 女 0歳 | 76.82 | 79.10 | 81.33 | 83.29 | 84.26 | 85.74 | 85.86 | 86.53 | 86.72 | 86.70 | 86.65 | 87.13 | 87.13 | 87.06 | 87.60 | 87.42 | 87.07 | 87.54 |
| 5～9 | 72.76 | 74.87 | 76.99 | 78.70 | 79.55 | 81.01 | 81.09 | 81.72 | 81.91 | 81.86 | 81.86 | 82.24 | 82.29 | 82.24 | 82.75 | 82.58 | 82.33 | 82.73 |
| 10～14 | 67.86 | 69.95 | 72.03 | 73.76 | 74.59 | 76.11 | 76.14 | 76.76 | 76.96 | 76.92 | 76.86 | 77.27 | 77.32 | 77.26 | 77.77 | 77.59 | 77.35 | 77.76 |
| 15～19 | 62.92 | 64.98 | 67.09 | 68.81 | 69.63 | 71.17 | 71.18 | 71.77 | 71.98 | 71.96 | 71.89 | 72.32 | 72.37 | 72.28 | 72.80 | 72.60 | 72.39 | 72.76 |
| 20～24 | 58.01 | 60.09 | 62.19 | 63.90 | 64.69 | 66.23 | 66.25 | 66.86 | 67.04 | 66.99 | 67.01 | 67.39 | 67.42 | 67.33 | 67.85 | 67.64 | 67.47 | 67.84 |
| 25～29 | 53.20 | 55.20 | 57.31 | 59.02 | 59.78 | 61.34 | 61.38 | 61.97 | 62.13 | 62.09 | 62.14 | 62.50 | 62.53 | 62.44 | 62.97 | 62.72 | 62.59 | 62.96 |
| 30～34 | 48.39 | 50.32 | 52.40 | 54.12 | 54.87 | 56.43 | 56.50 | 57.06 | 57.20 | 57.19 | 57.22 | 57.60 | 57.64 | 57.53 | 58.08 | 57.82 | 57.69 | 58.07 |
| 35～39 | 43.59 | 45.46 | 47.53 | 49.25 | 49.93 | 51.54 | 51.60 | 52.13 | 52.32 | 52.30 | 52.33 | 52.69 | 52.73 | 52.64 | 53.19 | 52.92 | 52.78 | 53.19 |
| 40～44 | 38.83 | 40.65 | 42.71 | 44.43 | 45.11 | 46.66 | 46.75 | 47.29 | 47.43 | 47.42 | 47.46 | 47.78 | 47.84 | 47.73 | 48.28 | 48.04 | 47.93 | 48.35 |
| 45～49 | 34.10 | 35.88 | 37.94 | 39.63 | 40.30 | 41.83 | 41.92 | 42.47 | 42.61 | 42.61 | 42.63 | 42.96 | 43.01 | 42.87 | 43.45 | 43.22 | 43.09 | 43.50 |
| 50～54 | 29.44 | 31.26 | 33.23 | 34.90 | 35.54 | 37.06 | 37.21 | 37.70 | 37.82 | 37.88 | 37.88 | 38.17 | 38.22 | 38.12 | 38.70 | 38.43 | 38.32 | 38.72 |
| 55～59 | 24.94 | 26.65 | 28.69 | 30.24 | 30.87 | 32.42 | 32.52 | 33.01 | 33.15 | 33.21 | 33.24 | 33.46 | 33.51 | 33.45 | 34.01 | 33.76 | 33.61 | 33.90 |
| 60～64 | 20.61 | 22.24 | 24.14 | 25.69 | 26.35 | 27.78 | 27.93 | 28.42 | 28.56 | 28.65 | 28.65 | 28.83 | 28.92 | 28.85 | 29.37 | 29.15 | 29.01 | 29.25 |
| 65～69 | 16.48 | 17.98 | 19.79 | 21.31 | 21.91 | 23.26 | 23.41 | 23.89 | 24.06 | 24.13 | 24.15 | 24.36 | 24.39 | 24.35 | 24.85 | 24.59 | 24.49 | 24.69 |
| 70～74 | 12.73 | 13.96 | 15.64 | 17.04 | 17.62 | 18.96 | 19.07 | 19.56 | 19.72 | 19.70 | 19.75 | 19.95 | 19.98 | 19.92 | 20.41 | 20.12 | 20.08 | 20.25 |
| 75～79 | 8.40 | 10.38 | 11.33 | 13.14 | 13.59 | 14.81 | 14.97 | 15.49 | 15.57 | 15.59 | 15.57 | 15.79 | 15.79 | 15.70 | 16.22 | 15.88 | 15.88 | 16.01 |
| 80～84 | 6.74 | 7.52 | 8.85 | 9.78 | 9.94 | 11.13 | 11.24 | 11.73 | 11.76 | 11.83 | 11.79 | 12.02 | 11.98 | 11.91 | 12.34 | 11.99 | 11.99 | 12.09 |
| 85～90 | 4.92 | 5.37 | 6.56 | 7.24 | 7.03 | 8.05 | 8.06 | 8.53 | 8.62 | 8.62 | 8.60 | 8.79 | 8.64 | 8.56 | 8.96 | 8.59 | 8.69 | 8.65 |
| 90～ | | | | | 4.98 | 5.91 | 5.85 | 6.26 | 6.30 | 6.28 | 6.18 | 6.37 | 6.25 | 5.99 | 6.40 | 6.00 | 6.08 | 6.14 |

注) 各数値は、それぞれの年齢階級の始年齢の平均余命である。

資料：健康福祉政策課「長野県簡易生命表」