

Ad-
vanced

Exhilarating climb up to the
pastoral Otawara plateau.

Hill Climb



I Otawara Hill Climb



Start

Kara-Koro Footbath WC

↓4min. **B-1** 0.9km 58kcal

Chikuma River Bike Path

↓40min. **A-4** 7.0km 558kcal

Chikuma Bridge (Turn left)

↓13min. **I-1** 2.0km 191kcal

Haruta Elem. East (Turn right)

↓13min. **Rt. 403** 1.4km 88kcal

Rt. 390 (Turn right)

Steep uphill I-2 5.5km

↓45min. **I-3** 661kcal

Tawara Shrine (Turn left)

To Otawara Mallet Park 0.8km

↓6min. **I-4** 220kcal

Otawara Mallet Park

★Hand-made soba at Yamabuki Restaurant

Forest Road (with sign) 3.7km

↓15min. **I-5** 12kcal

Sano Yakushi Temple

★Fudo Falls 20-min. walk to the falls 1.2km

↓20min. **To Rt. 403** 558kcal

Kuwabara Post Town **I-6**

★Chikurin no Yu ★Kaigen-ji Temple

★Sake Brewery Obasute Masamune 2.0km

★Daiun-ji Lotus pond 63kcal

↓10min. **I-7** 0.2km

Harutamachi (Turn left) 14kcal

↓1min. **D-8** 0.4km

Inariyama Signal (Turn right)

↓11min. **A-4** 161kcal

Chikuma Bridge

Chikuma River Bike Path 7.9km 617kcal

↓40min. **B-1**

Kara-Koro Footbath

Goal

Rt. 403



I-4 Hard-made soba



Fudo Falls

I-5 Sano Yakushi Temple



Kaigen-ji Temple
No. 15 of the 83 Nagano Temples

I-6 Kuwabara Post Town



Time required to **A-4** **total**

03:40:00 3,422kcal

+tour and rest 33.0km