

“Heart of Japan”

- Nagano Prefecture is located near the center of Japan, and in close proximity to Tokyo, Nagoya and Osaka.
- Occupying the fourth largest area in Japan, Nagano Prefecture enjoys rich nature and spectacular landscapes. The mountains rise above 3,000 meters and forests cover 80% of the prefecture.



Area of Prefecture	13,561.56km ² <4th largest> App. 120km from east to west App. 212km from north to south
Area of Forestlands	1,022,777 ha <3rd largest> <i>Source: Census of Agriculture and Forestry 2010 (MAFF)</i>
Area of Natural Parks	278,548ha <3rd largest> Including Chubu Sangaku National Park, Joshinetsu Kogen National Park, Minami Alps National Park <i>Source: General Overview of Area Figures for Natural Parks by Prefecture (MOE)</i>
Population	2,097,632 people (April 2015) Child population (0~14 years old) 275,313 people [13.2%] Working-age population (15~64 years old) 1,195,147 people [57.1%] Aging population (65 years old and older) 621,449 people [29.7%] <i>Source: Monthly Survey on Demographic Changes (Planning and Development Department, Nagano Prefecture)</i>
Number of Households	812,303 households (April, 2015) [Number of members per household: 2.58] <i>Source: Monthly Survey on Demographic Changes (Planning and Development Department, Nagano Prefecture)</i>
Labor-force Participation Rate	58.9% (2010) <Highest in Japan> <i>Source: Population Census 2010 (MIC)</i>