

To Residents of Nagano Prefecture Governor's Message

27 August 2009

Jin Murai
Governor
Chief of New Flu Task Force
Nagano Prefectural Government

- Today, it was confirmed that one person in his thirties died of the new influenza in Nagano City. I sincerely pray for the repose of the departed spirit.
- The main factor responsible for his death is considered that he was with pre-existing illnesses under treatment and contracted the new flu.
- The currently epidemic swine flue has virulence similar to seasonal influenza. It is said that symptoms of the people who are basically healthy are comparatively mild, and many of the patients would recover without developing into severity. However, it is learned that cases of those people who have pre-existing illnesses such as asthma, cardiac disorders, kidney diseases, or diabetes, and pregnant women as well as infants may become serious.
- A possible further outbreak of swine flue in the future is expected in this prefecture as well.
- I request all the citizens to keep the commitment to “prevent contraction and avoid further spread” of the new influenza. At the same time, please remain alert on the flu virus and take preventive actions yourself by washing hands, gargling, wearing a mask when you have a symptom, avoiding unnecessary visits, and keeping proper “cough etiquette.”
- Nagano Prefecture continues to undertake preventive measures to avoid a rapid spread of the new virus, and take every necessary action to combat the new influenza in a full cooperation with medical institutions and medical associations, while monitoring developments carefully.

We would appreciate your continued cooperation and understanding on this issue.