

Mountain name	Trailhead name
Mt. Naeba	Koakazawa 3rd Sta. Trailhead
Mt. Saburyu	Wayama Trailhead
Mt. Saburyu	Doronoki-daira Trailhead
Mt. Torikabuto	Mujina-daira Trailhead
Mt. Torikabuto	Yashiki Trailhead
Mt. Iwasuge	Mt. Iwasuge Trailhead
Mt. Iwasuge	Mt. Iwasuge-Mt. Akaishi Trailhead
Mt. Takatsuma	Togakushi Farm Trailhead
Mt. Togakushi・Mt. Takatsuma	Togakushi Shrine Okusha Trailhead
Mt. Nishidake・Mt. Hon'indake・Mt. Togakushi, etc	Lake Kagami-ike/Kusukawa Forest Road Trailhead
Mt. Iizuna	Minami (South) Trailhead
Mt. Iizuna	Nishi (West) Trailhead
Mt. Iizuna	Reisenji Trailhead
Mt. Iizuna	Chusha Gerende Trailhead
Mt. Iizuna	Koshimizu Gerende Trailhead
Mt. Kurohime	Omote Trailhead
Mt. Kurohime	Koizumi Trailhead
Mt. Kurohime	Ohashi Trailhead
Mt. Kurohime	Nishi (West) Trailhead
Mt. Urakura・Mt. Azumaya	Yonako Falls Parking Trailhead
Mt. Azumaya・Mt. Nekodake	Minenohara Komorebi Square Trailhead
Mt. Azumaya・Mt. Nekodake	Sugadaira Farm Office Trailhead
Mt. Azumaya・Mt. Nekodake	Azumaya Mountain Resort Trailhead
Asama Mountains	Kazankan Course Trailhead
Asama Mountains	Kurofu Course Trailhead
Mt. Kobushigatake	Moki-daira Trailhead
Mt. Kimpo	Mawarime-daira Trailhead
Mt. Ogura	Shiraiwa Trailhead
Mt. Ogura	Choja-no-Mori Trailhead
Mt. Ogura	Kuryu Trailhead
Mt. Maruyama, Mt. Nakayama	Lake Shirakoma Trailhead
Mt. Tengudake	Inagoyu Karasawa-bashi Trailhead
Mt. Tengudake, Mt. Iodake	Honzawa Onsen Trailhead
Mt. Yokodake	Somazoe Ridge Trailhead
Mt. Akadake	Kenkai Ridge Trailhead
Mt. Futago	Ogawara Pass Trailhead
Mt. Tateshina	7th Sta. Trailhead
Mt. Tateshina	Mt. Tateshina Trailhead
Mt. Tateshina	Ryugen-bashi Trailhead
Mt. Kita Yokodake, Mt. Shimagare	Sancho Sta. Trailhead
Mt. Chausu, Takamiishi	Mugikusa Pass Trailhead
Mt. Tengudake, Takamiishi	Oku Tateshina Trailhead
Mt. Tengudake, Mt. Nakayama	Karasawa Kosen Trailhead
Mt. Tengudake, Mt. Iodake	Sakura-daira Trailhead
Mt. Iodake, Mt. Yokodake, Mt. Akadake	Minoto Trailhead
Mt. Iodake, Mt. Yokodake, Mt. Akadake	Minoto-guchi Trailhead
Mt. Amidadake	Funayama Crossroads Trailhead
Mt. Amigasadake, Mt. Gongendake	Fujimi Highlands Trailhead
Mt. Senjogatake, Mt. Kai Komagatake	Kitazawa Pass Trailhead
Mt. Senjogatake, Mt. Kai Komagatake	Todaigawara Trailhead
Mt. Senjogatake	Kashiwagi Trailhead
Mt. Shiomidake	Ogurosawa Trailhead
Mt. Shiomidake	Torikura Trailhead
Mt. Akaishidake	Yuore Trailhead
Mt. Mae Hijiridake	Tayorigashima Trailhead
Mt. Irodake, Mt. Tekaridake	Irodo Trailhead
Mt. Ikeguchidake	Mt. Ikeguchidake Trailhead
Mt. Kimen	Jizo Pass Trailhead

Mountain name	Trailhead name
Mt. Kimen	Abukawa Trailhead
Mt. Kimen	Shinkuro Falls Trailhead
Mt. Oku Chausu	Shirabiso Pass Trailhead
Mt. Eboshidake	Hato-uchi Pass Trailhead
Mt. Ampeiji	Surikogi Nature Park Rest Station Trailhead
Mt. Ena	Hirokawara Trailhead
Mt. Ena	Bangakuso Trailhead
Mt. Kyogatake	Chusenji Temple Trailhead
Mt. Kyogatake	Oizumidokoro Dam Trailhead
Mt. Kiso Komagatake	Katsurakoba Trailhead
Mt. Kiso Komagatake	Ina Ski Resort North Trailhead
Mt. Kiso Komagatake	Ina Ski Resort South Trailhead
Mt. Kiso Komagatake	Miyada Highlands Camp Site Trailhead
Mt. Kiso Komagatake	Senjojiki Sta. Trailhead
Mt. Kiso Komagatake	Kita Goshō Trailhead
Mt. Kiso Komagatake	Hinokio-bashi Trailhead
Mt. Utsugidake	Ikeyama Forest Road Terminal Trailhead
Mt. Eboshidake, Mt. Okunenjodake	Iijima Route Trailhead
Mt. Kiso Komagatake	Kogara Trailhead
Mt. Kiso Komagatake	Kibio Pass Trailhead
Mt. Kiso Komagatake	Agematsu A Course Trailhead
Mt. Kiso Komagatake	Agematsu B Course Trailhead
Mt. Utsugidake	Mt. Utsugidake Trailhead
Mt. Minami Komagatake, Mt. Kosumo	Inagawa Dam Trailhead
Mt. Ontake	Kaida Trailhead
Mt. Ontake	Kurosawa Trailhead (Gyoba Sanso)
Mt. Ontake	Kurosawa Trailhead (Nakanoyu)
Mt. Ontake	Kurosawa Trailhead (Hyakken Falls Entrance)
Mt. Ontake	Otaki Trailhead
Mt. Amakazari	Mt. Amakazari Trailhead
Mt. Amakazari	Oami Trailhead
Mt. Kanayama	Mt. Kanayama Trailhead
Mt. Kazafukidake	Tsunzawa Trailhead
Mt. Kazafukidake	Kitanoguchi Trailhead
Mt. Shirouma Norikuradake	Tsugaike Trailhead
Mt. Shiroumadake, Mt. Shirouma Yarigatake	Sarukura Trailhead
Mt. Karamatsudake	Happo Ridge (Happo-one) Trailhead
Mt. Shirodake, Mt. Kashima Yarigatake	Goryu Trailhead
Mt. Jiigatake	Otanihara Trailhead
Mt. Jiigatake, Mt. Iwagoyazawadake	Kashiwabara Shindo Trailhead
Mt. Harinokidake	Harinoki Trailhead
Mt. Nanakuradake	Nanakura Trailhead
Mt. Eboshidake	Takase Dam Trailhead
Mt. Masagodake	Yumata Onsen Trailhead
Mt. Gakidake	Shirasawa Trailhead
Mt. Tsubakurodake	Nakabusa Trailhead
Mt. Jonendake	Ichinosawa Trailhead
Mt. Jonendake	Mitsumata Trailhead
Mt. Chogatake, Mt. Otaki	Tsumetasawa Trailhead
Mt. Yarigatake, Mt. Hotakadake	Yokoo Trailhead
Lake Okumatashiro	Okumatashiro Valley Trailhead
Mt. Chogatake	Tokusawa Trailhead
Mt. Kasumizawadake	Myojin Trailhead
Mt. Kasumizawadake	Shimashima-juku Trailhead
Mt. Mae Hotakadake	Dakesawa Trailhead
Mt. Nishi Hotakadake	Kamikochi Mt. Nishi Hotakadake Trailhead
Mt. Yakedake	Mt. Yakedake Trailhead (Kamikochi Side)
Mt. Yakedake	Shin Nakanoyu Trailhead

Mountain name	Trailhead name
Mt. Ariake	Mt. Ariake Trailhead (Sandán Falls)
Mt. Ariake	Mt. Ariake Trailhead (Ariakeso North Entrance)
Mt. Ariake	Omote Sando Trailhead
Mt. Norikuradake	Suzuran-bashi Trailhead
Mt. Norikuradake	Katanokoya-guchi Trailhead
Mt. Hachimori	Asahi Village Trailhead